Make a difference every day this month.

SEPTEMBER IS HUNGER ACTION MONTH

Treasure Coast Food Bank and food banks across the country in the Feeding America Network are spreading awareness of the 1 in 8 Americans who struggle with hunger.* We challenge you all to spread awareness and join the movement to fight hunger in America by participating in the events and actions in the calendar below. #HungerActionMonth

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY
1 Start
Start collecting your change. At the end of the month donate to TCFB.
2 Challenge
Take the SNAP challenge. See if you can meet your nutritional needs on $5/day.
3 Tour
Sign up for our monthly Food for Thought tour at stophunger.org
4 Join
Contact TCFB and have your organization added to our email list.
5 Join Us
Join us this month at Hops Against Hunger. Visit stophunger.org for details.
6 Host a Party
Ask your guests to bring a bag of non-perishable items to donate to TCFB.
7 Tweet
Send out a tweet about hunger in your community and tag us.
8 Honor
Today is Grandparents Day. Make a donation in their honor to TCFB.
9 Change
Change your Facebook profile picture or cover photo to an image of orange for the month.
10 Sign Up
Sign up to become a Full Plate Club member at stophunger.org & become a monthly donor.
11 Food Drive
Host a food drive at your school, work, or faith community.
12 Turn Orange!
Wear Orange today to show your support for hunger-relief efforts.
13 Out Laugh Hunger
Attend our comedy show fundraiser. For tickets visit stophunger.org
14 Set an Empty Plate
Let this be a reminder to you and those at your table of all those who are at risk of hunger.
15 Share
Share this calendar on your church bulletin board and spread the word about hunger.
16 Buy Tickets
Buy tickets to our upcoming Farm-to-Table Fall Harvest Dinner at stophunger.org
17 Plant
Consider planting a community garden next spring and donate the produce to TCFB.
18 Give Up
Give up coffee, pop or vending machine snacks for one week and donate that money to hunger relief at TCFB.
19 Join Us
Join us at Walking Tree Brewery in Vero Beach & support TCFB. 5-9pm
20 3rd annual Hops Against Hunger
Join us at Kilted Mermaid in Vero Beach & support TCFB. 6-10pm
21 Join Us
Join us this month at Hops Against Hunger. Visit stophunger.org for details.
22 Donate
Take a special collection today for TCFB. $10 = 80 meals.
23 Go Online
Start an Online Food Drive! Ask your family and friends to support you.
24 Pack a Lunch
Pack lunch and donate what you would have spent to TCFB.
25 Pack the House
Sign up for a shift at TCFB’s pack-a-thon in October at stophunger.org
26 Hops Against Hunger & Cans For a Cause
Join Us at Sailfish Brewery in Fort Pierce & support TCFB. 7-9pm
27 It’s Not Too Late!
Find out what events are coming up and volunteer.
28 Spread the Word
"Like“ TCFB on your social networks.
29 Play
Play in our upcoming golf tournament fundraiser. Visit stophunger.org for details.
30 Prepare
Build two emergency food boxes – one for your family and one for another in need, in case of a disaster.

* Source: Feeding America, Map The Meal Gap 2017

Treasure Coast Food Bank
401 Angle Road
Fort Pierce, FL 34947
TAKE ACTION
stophunger.org